What is a referral?

A referral is a request from your Primary Care Provider (PCP) for specialty care that he/she recommends. Examples include: a specialist visit, physical therapy, or diagnostic imaging.

What to Expect from Our Referrals Department

Our referrals specialists are here to help coordinate your specialty care. They will:

- Process most referrals and authorizations required by your insurance plan
- Mail or fax the referral to the appropriate specialty office
- Mail or fax copies of the appropriate notes and information from your medical record to the specialty care provider
- Schedule appointments, as needed
- Contact you with your appointment information and any additional information you may need for your appointment. Please allow up to 14 days to hear from the specialist’s office before contacting your PCP.

NOTE: Some specialty offices require us to fax notes along with a referral prior to scheduling your appointment. In this case, the specialty office will contact you directly with your appointment information.

Specialty Services Offered at Martin’s Point Health Care Centers

- **Laboratory:** All locations
- **Radiology:** Brunswick-Baribeau Drive, Portland, and Portsmouth, NH
- **Physical Therapy:** Brunswick-Baribeau Drive, Portland, and Portsmouth, NH
- **Cardiology:** Portland
- **Sports Medicine:** Brunswick-Baribeau Drive and Portland

CHECK YOUR INSURANCE! Our referrals specialists are not familiar with the benefits provided by every insurance plan. **We strongly recommend that you contact your insurance company to confirm coverage and understand your costs for referred services.** Out-of-network services may cost more or require additional insurance approval.

Biddeford 207-283-1441
Brunswick-Baribeau Drive 207-798-4050
Brunswick-Farley Road 207-725-8079

Gorham 207-839-2559
Portland 207-828-2402
Scarborough 207-799-8596

Portsmouth, NH 603-431-5154

www.MartinsPoint.org