

# What is a referral?



**MARTIN'S POINT**<sup>®</sup>  
HEALTHCARE

A referral is a request from your Primary Care Provider (PCP) for specialty care that he/she recommends. Examples include: a specialist visit, physical therapy, or diagnostic imaging.

**Please allow up to 14 days to hear from the specialist's office before contacting your PCP.**

## Specialty Services Offered at Martin's Point Health Care Centers

- ▶ **Laboratory:** All locations
- ▶ **Radiology:** Brunswick-Baribeu Drive, Portland, and Portsmouth, NH
- ▶ **Physical Therapy:** Brunswick-Baribeu Drive, Portland, and Portsmouth, NH
- ▶ **Cardiology:** Portland
- ▶ **Sports Medicine:** Brunswick-Baribeu Drive and Portland

**CHECK YOUR INSURANCE!** Our referrals specialists are not familiar with the benefits provided by every insurance plan. **We strongly recommend that you contact your insurance company to confirm coverage and understand your costs for referred services.** Out-of-network services may cost more or require additional insurance approval.

## What to Expect from Our Referrals Department

**Our referrals specialists are here to help coordinate your specialty care. They will:**

- ▶ Process most referrals and authorizations required by your insurance plan
- ▶ Mail or fax the referral to the appropriate specialty office
- ▶ Mail or fax copies of the appropriate notes and information from your medical record to the specialty care provider
- ▶ Schedule appointments, as needed
- ▶ Contact you with your appointment information and any additional information you may need for your appointment. Please allow up to 14 days to hear from the specialist's office before contacting your PCP.

NOTE: Some specialty offices require us to fax notes along with a referral prior to scheduling your appointment. In this case, the specialty office will contact you directly with your appointment information.

Biddeford 207-283-1441

Brunswick-Baribeu Drive 207-798-4050

Brunswick-Farley Road 207-725-8079

Gorham 207-839-2559

Portland 207-828-2402

Scarborough 207-799-8596

Portsmouth, NH 603-431-5154

[www.MartinsPoint.org](http://www.MartinsPoint.org)